

Privacy Policy

The Framework - Digital Logbook

Effective Date: April 25, 2026

Privacy Commitment: The Framework - Digital Logbook is designed as a "Local-First" application. We believe that your health and fitness data is deeply personal. Our architecture ensures that your data remains under your physical control on your device at all times.

1. Information Collection and Use

The Framework - Digital Logbook ("the App") does not collect, transmit, or store any personal information or fitness data on external servers. All data you input—including workout logs, exercises, and physical measurements—is stored exclusively within the App's private database on your iOS device.

1.1 User-Provided Data

You may choose to enter information such as body weight, height, and exercise performance. This data is used solely to provide the functional features of the App, such as calculating progress or maintaining a historical log. We have no technical means to access this information.

2. Data Storage and Security

Data security is managed through the standard iOS sandbox environment. Your information is protected by the device-level encryption provided by Apple. Because we do not use cloud-based accounts, we do not maintain a database of your personal information that could be compromised in a server-side breach.

3. PDF Export and Data Portability

The App provides a feature allowing you to export your data into a PDF document. When you initiate an export:

- The PDF file is generated locally on your device.
- The file is passed to the iOS System Share Sheet.

- Once the file is passed to the Share Sheet, it is under your control. Any further transmission (e.g., via Email, AirDrop, or Cloud Storage) is governed by the privacy policy of the service you choose to use for that transfer.

4. Third-Party Services

The App does not integrate with Third-Party Advertising Networks, Analytics Providers (such as Google Analytics or Firebase), or Health Data aggregators. We do not sell, trade, or otherwise transfer your data to outside parties.

5. Data Retention and Deletion

You are the sole custodian of your data. You may delete individual records within the App at any time. If you delete the App from your device, all locally stored data will be permanently erased. Please note that unless you have an active device backup (via iCloud or computer), deleted data cannot be recovered by the developer.

6. Children's Privacy

Our App does not knowingly collect any personal information from children. Since all data remains on the device and is not accessible to the developer, we do not have a way to monitor the age of the user, but we encourage parents to supervise the use of fitness tracking applications.

7. Compliance with Legal Obligations

Since we do not collect or store user data on our servers, we cannot provide user data to government or law enforcement agencies even if requested to do so.

8. Contact Information

If you have any questions regarding this Privacy Policy or the practices of The Framework - Digital Logbook, please contact us at our support URL or via the contact methods provided in the App Store listing.